

How to identify true Pontiac style lifters



The lifter on the left is a Chevy style lifter which has a much lower oil band than the Pontiac lifter on the right- this will drop out of the bottom of the lifter bore on most Pontiac blocks which will dump oil and could also cause the lifter to “catch” on the bottom of the lifter bore. Also note the different seat height in the Chevy lifter versus the Pontiac lifter (the Chevy lifter requiring a longer pushrod)

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